

Eldercare Resources

Find Benefit Information

Benefits Check Up

www.benefitscheckup.org

A free service provided by the National Council on Aging that matches seniors with appropriate state and federal assistance programs.

Department of Veterans Affairs

800-827-1000

www.va.gov

National non-profit organization offering financial education and credit counseling.

Medicare

800-633-4227

www.medicare.gov

Social Security Administration

800-772-1213

www.ssa.gov

Together Rx Access

800-250-2839

www.TogetherRXAccess.com

Provides a free savings card for eligible individuals without prescription drug coverage.

Find Local Professional Assistance

Agency on Aging

800-677-1116

www.eldercare.gov

National Association of Geriatric Care Managers

520-881-8008

www.caremanager.org

National Academy of Eldercare Law Attorneys

www.naela.com

Find Support for Caregivers

Family Caregiver Alliance

800-445-8106

www.caregiver.org

Provides advocacy and information for caregivers nationwide

Children of Aging Parents

www.CAPS4cargivers.org

Provides information on care giving and referrals to support groups, care managers and other resources.

For more information about additional eldercare resources, please contact Employee Assistance Program via phone or request services online.

Established in 1989, Espyr™ is the leading behavioral health company developing innovative solutions for maximizing human and organizational potential. Our solutions cover a continuum of care from chronic and acute health conditions to helping people excel; from restoring well-being to accelerating human performance.

For more information, contact us at (800)869-0276

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